

**Passaic County
Department of Senior Services,
Disability & Veterans Affairs**



AGING & DISABILITY RESOURCE CONNECTION
Your Doorway to Information & Assistance

**BREAKDOWN
OF
SERVICES**

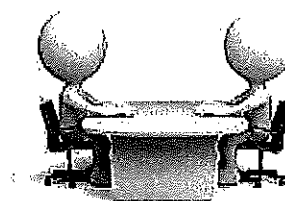
Business Hours
Monday- Friday
8:30am to 4:30pm

930 Riverview Drive, Suite 200
Totowa, NJ 07512
973-569-4060

Senior Services

Information & Assistance serves as the entry point and a source of information and referrals to direct services, community resources and provides consumers with information to appropriate programs and services.

- Benefit screening and entitlement consultation
- Medicare Insurance Counseling: free, objective confidential health insurance assistance available to Medicare beneficiaries; and Information on: Medigap, Medicare Advantage Plans and Medicare Part D
- Medicaid enrollment
- Farmers' Market Voucher Program
- Annual Senior Art Show
- Property tax reimbursement
- PAAD applications
- Home Energy Assistance
- Presentations



State Health Insurance Plan (SHIP Coordinators) The Information and Assistance staff is also fully trained to give objective information to help Medicare beneficiaries make informed choices and good care decisions. The Department offers community educational presentations to senior groups.

Legal Services

Provides legal assistance or representation on consumer cases, such as Bankruptcy; Credit Problems/Collections; Certain Mortgage Foreclosures; Rent Control and Simple Wills. Call our department for further information & screening process.

Care Management and Care Coordination within the department can offer a viable alternative to institutional care and provide seniors, persons with disabilities and family caregivers the opportunity to explore multiple community options for care in the home.

Social Workers in the department are available to conduct comprehensive in-home evaluations of needs and assist individuals and their family caregivers to navigate a complex community care system that provides valuable linkages to services. This serves to enhance independence at home and reduce the risk of premature nursing home placement.

Health Services Care Management & Caregiver Assistance

- The development and coordination of a coherent care plan for the vulnerable and/or functionally impaired older individuals
- Eligibility is based on the assessment of the individual's level of care
- Participants work with a care manager to create a Plan of Care Services may include:
 - Adult Day Care
 - Chore Services
 - Homemaker Assistance
 - Personal Emergency Response Systems
 - Respite Care
 - Transportation
 - Personal Hygiene (bathing and grooming)
 - Medication Management

Managed LongTerm Support & Services (MLTSS): is a Medicaid waiver program that provides access to a wider range of in-home long-term supportive services for a greater number of seniors and adults with physical disabilities who meet the income, asset and nursing facility level of care requirements established by Medicaid. Services are designed to supplement – not replace – the assistance already being provided by family, friends and neighbors.

- **JACC**: is a program that provides in-home services to seniors at risk of placement in a nursing facility. JACC includes an array of services designed to supplement the assistance given by the individual's caregiver network.
- **CARES**: is a consumer driven program that provides a broad array of services to enable caregivers to better understand and utilize services to maintain themselves while providing care to others. CARES is a participant-direct program, meaning the caregiver and the care recipient work jointly with a care manager to develop and oversee his/her plan.

Division of Nutrition Services:

Meals-On-Wheels provides a daily meal to frail and homebound residents who are unable to provide for their own nutritional needs due to acute/chronic illness or handicap. Please note that applicants must meet specific program requirements in order to be eligible for this service.

- Weekend meals to homebound
- Client needs assessments
- 14 Routes serving all municipalities in Passaic County

Congregate Nutrition Centers

- Provides a variety of recreational, informational and/or health-related programs and activities
- Shopping and recreational trips
- Daily hot meals (1/3 RDA) Monday – Friday

Locations:

Passaic	Annabelle Shimkowitz Senior Center at the Municipal Complex 330 Passaic Street, Passaic	973-881-4988
Paterson	Riverside Senior Center at the Riverside Veterans Building 168 5 th Avenue, Paterson	973-225-0231
Clifton	Clifton Senior Center at the Municipal Complex, Barn C 900 Clifton Avenue, Clifton	973-779-2968
Bloomingtondale	Senior Center at the Municipal Complex 101 Hamburg Turnpike, Bloomingtondale	973-835-4433
Hawthorne	Ambulance Corp. Building, Goffle Road, Hawthorne	973-423-1027
Totowa	Senior Center at the Totowa Business Center 930 Riverview Drive, Suite 200	973-569-4088
West Milford	Senior Center at Camp Hope 1792 Union Valley Rd. West Milford	973-557-6474

Telephone Reassurance Every Meals-on-Wheels client is called regularly to determine if they are safe and well and to provide social contact and friendly conversation. Ongoing monitoring and early detection of changes in a client's condition is referred to a social work in the department.

- Scheduled telephoning to homebound isolated individuals to determine if they are safe and well
- To provide social contact and conversation
- Ongoing monitoring and early detection of changes in client's condition
- Provide referral to appropriate services

Social Adult Day Care

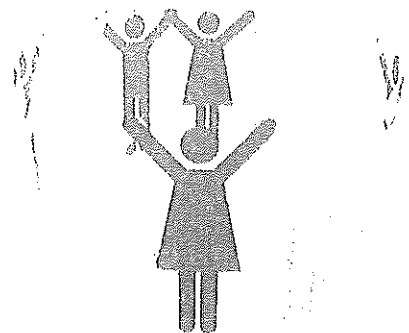
This program has been serving the senior citizens of Passaic County since its inception in 1978. A monthly calendar of events provides structured activities facilitated by the activities coordinator that include weekly shopping trips (to the supermarket, dollar store, local Farmers' Markets, Target or Wal-mart).

Transportation is provided to and from the Totowa Senior Center. There is also musical entertainment, theme parties, trivia and group games.

The Adult Day Program staff monitors blood pressures and weight as well as educational speakers relating to senior issues. Scheduled weekly visits by a licensed psychologist are available offering the seniors an opportunity to talk.

Passaic County Social Adult Day Care

- Social & recreational activities in a structured/ supervised environment
- Daily hot meal
- Transportation
- Health screening
- Health counseling
- Educational Programs
- Arts & Crafts
- Weekly shopping trips
- Weekly visits – Licensed Psychologist



Transportation Services – Para Transit

Para Transit maintains a fleet of vehicles, which provide transportation for the county's senior citizens and disabled residents in need of non-emergency rides

- Transportation provided to and from Congregate Nutrition Sites
- Transportation to and from Day Care Center
- On-demand rides for Medical appointments and dialysis
- Trips to VA Hospital

Veteran Services

Veteran's service has information for Veterans of all wars. Veterans service now has available the new Veterans guide, which outlines a lot of benefits they are entitled to.

- Information health clinic and transportation
- Discharge papers and information
- Application for VA Benefits
- State directory and County entitlements
- Distribution of honorary medals
- Complete compensation forms
- In-home assistance services
- Reimbursement assistance for prescription drugs – VA
- Coordinated efforts with Dept. of Vocation Rehab for assistance

Home Energy and Weatherization

Home Energy administers the LIHEAP and USF programs. The Low Income Home Energy Assistance Program is designed to help seniors and other low-income families make energy bills more affordable. Eligible households that are having difficulty paying their electric, natural gas, oil, and other deliverable fuel bills can contact this office for a financial assistance application.

Weatherization helps reduce energy costs to low-income persons by improving the energy efficiency of their homes while ensuring their health and safety.

- Sealing cracks & drafts to reduce heat loss
- Insulation of attics/walls
- Heating system repairs/replacement
- Efficient lighting upgrades
- Refrigerator replacements
- Window and/or door repair/replacement
- Window sealing

Other Special Projects and Activities:

- Newsletter is available to residents, clubs, senior housing, and various organizations
- “Entitlement and Benefit Presentations” are scheduled upon request
- Social Events
- Annual Senior Art Show
- Medicare Educational Seminars
- AARP Driver Safety Courses
- Caregivers’ Informational Seminars

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