

# SENIOR PATHWAY

## PASSAIC COUNTY

### DEPARTMENT OF SENIOR SERVICES, DISABILITY AND VETERANS AFFAIRS



AGING ● DISABILITY ● VETERANS AFFAIRS ●  
PARA TRANSIT ● NUTRITION SERVICES ● ENERGY ASSISTANCE ●  
ADULT DAY CARE

Spring 2019 Produced by the Department of Senior Services

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### SENIOR RESOURCE CENTER

**SENIOR SERVICES/ADRC**  
973-569-4060  
**ADULT DAY CARE**  
973-569-4080  
**NUTRITION SERVICES**  
973-569-4099  
**PARA TRANSIT**  
973-305-5756  
**ENERGY ASSISTANCE**  
973-569-4032



*Passaic County Para Transit is committed to providing quality transportation services in a safe, courteous and professional manner to our senior, disabled and veteran community.*

**PASSAIC COUNTY PARA TRANSIT PROGRAM** maintains a fleet of vehicles, which provides transportation for the county's senior citizens and disabled residents in need of non-emergency rides and for the disabled residents to attend group work programs. Special lift vans are available to accommodate non-ambulatory individuals.

### OUR SERVICES

- ◆ County Daycare and Senior Centers
- ◆ Medical Appointments
- ◆ Physical Therapy
- ◆ East Orange Veterans Hospital
- ◆ Food Shopping
- ◆ Group Day Trips
- ◆ Dialysis
- ◆ Salons and Barbers
- ◆ Pharmacy
- ◆ Library
- ◆ Personal Appointments
- ◆ Visits to relatives in hospitals or nursing homes



## *Special Note from the Executive Director...*

*My Dear Friends,*

*I would like to share my good news with you all. Recently I've been promoted to Executive Director of Senior Services, Disability & Veterans Affairs.*

*From my heart I thank you all for the many years of support given to me and I look forward to serving you on a grander scale as we move forward.*

*I continue to solicit your support, and please know that I am here for you all.*

**Shirley Force**

## *From the Board of Social Services...*

Nutrition is an important subject for everyone, but it is vitally important for senior citizens and the disabled. I reviewed an important article at a website maintained by [healthaffairs.org](http://healthaffairs.org) that I think should be shared and discussed. See: [www.healthaffairs.org/doi/10.1377/hblog20171024.786928/full/](http://www.healthaffairs.org/doi/10.1377/hblog20171024.786928/full/)

The article studies seniors living in the state of Maryland. It found that seniors who were enrolled in Medicaid programs and SNAP were far less likely to need hospitalization or nursing home care than seniors who did not take advantage of the programs. The researchers found that seniors were much more commonly afflicted with asthma, heart disease and depression when they lacked access to food security. We know from our life experience that not knowing that we can go to the grocery store and bring home good food is a major worry for too many of our friends and neighbors.

It is not just our community that knows what food insecurity does to seniors; the medical community knows it as well. The same journal article cited a study done by the prestigious Robert Wood Johnson Foundation where 85% of the doctors who responded to the survey noted that lack of access to nutrition as well as housing and transportation resulted in a worsening of health for senior citizens.

The County of Passaic at all levels is trying to meet the needs of its senior community. Initiatives are underway by Freeholders, the Sheriff's Department, the County Clerk and many departments and agencies. The Passaic County Board of Social Services is attempting to reach more and more seniors by presenting its programs at clubs, fairs and meetings across our municipalities. If your civic or church group wants more information about the programs of the Passaic County Board of Social Services, please call my office at 973-881-3201 or send me an email at [jcurrie@pcbss.org](mailto:jcurrie@pcbss.org). Groups both small and large can be accommodated.

Please know that the PCBSS is able to reach people within their community. If your group has special needs, say there is a language barrier that prevents access to services, let us know. We are resourceful and committed to making benefits available to everyone. We might need some extra time to translate our information or find translators, but that is a challenge we enjoy.

**John Currie**  
**Chief Community Organization Specialist**

T: 973-278-6480 or

973-881-3201

F: 973-881-3233

Email: [Jcurrie@pcbss.org](mailto:Jcurrie@pcbss.org)





## Older Americans Month 2019

Every May, the Administration for Community Living leads our nation's observance of Older Americans Month. The 2019 theme, *Connect, Create, Contribute*, encourages older adults and their communities to:

- **Connect** with friends, family, and services that support participation.
- **Create** by engaging in activities that promote learning, health, and personal enrichment.
- **Contribute** time, talent, and life experience to benefit others.

Communities that encourage the contributions of older adults are stronger! By engaging and supporting all community members, we recognize that older adults play a key role in the vitality of our neighborhoods, networks, and lives.

This webpage will include suggestions, resources, and material to celebrate older Americans and the communities of which they are a vital part. Everyone benefits when everyone can participate. We encourage you to connect, create, and contribute for stronger and more diverse communities this May, and throughout the year.



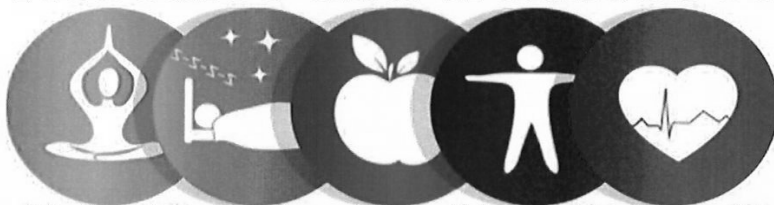
CONNECT, CREATE, CONTRIBUTE MAY 2019



## The Passaic County Board of Chosen Freeholders and the Department of Senior Services Presents ... Senior Extravaganza

### Resource and Wellness Fair

Free Event



**Date: Thursday, May 16 and Friday, May 17, 2019**

**Time: 10:00 am – 2:00pm**

**Place: Senior Services**

**930 Riverview Drive, Suite 200 • Totowa, NJ 07512**

Giveaways

SCREENINGS

INFORMATION TABLES

SHERIFF'S ID'S

PLEASE COME JOIN US TO PROMOTE HEALTH & WELLNESS FOR PASSAIC COUNTY'S OLDER ADULTS.

FOR MORE INFORMATION, PLEASE CALL SENIOR SERVICES AT 973-569-4060.

**ADRC Professional Development Day  
Monday, April 29, 2019**

10am to 2pm

Passaic County Department of Senior Services  
930 Riverview Drive Suite 200 Totowa, NJ



**Passaic County Department of Senior Services**

\*Aging \* Disability \* Veterans Affairs \* Paratransit \* Nutrition Services\* Energy Assistance\* Adult Day Care. From Information and Assistance to Care Management (and all of the services in between) Learn about the ADRC process, services, programs, and the most efficient and effective methods for referrals and services for the clients with whom you serve.

**Passaic County Board of Social Services**

It's not just Medicaid! Hear about the various departments of the Board of Social Services and learn about eligibility and contacts within the Board Services. SNAP, Emergency Assistance, and APS will be discussed, as well as a breakdown to all Medicaid Programs.

**Office of Community Choice Options**

An in depth discussion about clinical eligibility for Managed Long Term Services and Supports, Jersey Assistance for Community Care, Institutional, and Assisted Living. Gain a deeper understanding of referrals and who sends what from where.

RSVP: 973-569-4060 by April 24, 2019

**2019 SENIOR POLICE  
ACADEMY**

April 30th, May 7th, May 14th,  
May 21st & May 28th  
5 Weeks: 8:45am to 12:00 noon

**Call to register 973-569-4060**

Seating is limited. \$5.00 Registration Fee.



**Academy Topics:**

- ◆ Fraud, Scams & Identity Theft
- ◆ Money Smart for Older Adults
- ◆ Personal Safety & Home Safety
- ◆ Crime Prevention and Gang Awareness
- ◆ Prescription Drug Abuse & Drug Drop-Off
- ◆ Office of Emergency Management
- ◆ 911 Communication
- ◆ Learn About Project Lifesaver
- ◆ Emergency First Aid
- ◆ Gambling Prevention
- ◆ K-9 Unit Presentation
- ◆ Senior & Veterans Services Overview

**Presented by:**

Board of Chosen Freeholders

Sheriff's Department

Department of Senior Services, Disability and Veterans Affairs



**Garret Mountain Reservation**

8 Garret Mountain Avenue, Woodland Park, NJ

**Thursday, May 9th**

9:30am Procession of the Moving Wall to Garret Mountain

6:00pm Opening Ceremony

**Friday, May 10th**

Viewing all day

**Saturday, May 11th**

10:00am Dedication Ceremony

2:00pm to 8:30pm Concert at the park

**Sunday, May 12th**

12:00pm American Legion Memorial Service

**Monday, May 13th**

11:00am Conclusion of the Moving Wall Event

**Sponsored by:**

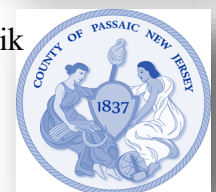
Passaic County American Legion

Passaic County Board of Chosen Freeholders

Passaic County Sheriff's Department, Sheriff Richard H. Berdnik

Open to the public from Sunrise to Sunset

Open to Veterans 24 Hours



### Senior Services PUBLIC HEARING

The Passaic County Department of Senior Services will hold a Public Hearing on the 2020 Area Plan Contract for the purpose of soliciting and receiving comments on issues and concerns of elderly residents in Passaic County.

**Tuesday, June 4<sup>th</sup> at  
10:00am**

Location: Senior Services, 930 Riverview Drive, Suite 200, Totowa

Residents in need of ADA accommodations should contact the Passaic County Department of Senior Services at 973-569-4060 by Tuesday, May 21st.

If you are unable to attend but would like to voice your opinions to us, please send written comments by Tuesday, June 18th and mail to Senior Services, 930 Riverview Drive, Suite 200, ATTENTION: Laura Smith

### Para Transit Services PUBLIC HEARING

The Para Transit Public Hearing will be held for the public to come and provide input to improve and identify transportation needs.

**Friday, June 14<sup>th</sup> at  
10:00am**

The Hearing will be hosted at the Passaic County Department of Senior Services, Disability & Veterans Affairs  
930 Riverview Drive,  
Suite 200  
Totowa, NJ 07512

**This is your time to be heard!**

For more information on the Transportation Public Hearing, please call the Division of Para Transit at 973-305-5756.

### 2019 Annual Senior Art Show

**Monday, June 10<sup>th</sup> through Friday, June 28<sup>th</sup>**

To enter the show you must be:

- \* A resident of Passaic County
- \*Age 60 and over
- \*Art piece must be "Show Ready"
- \*One entry per individual

Artwork will be accepted

**Monday, June 3<sup>rd</sup> through Thursday, June 6<sup>th</sup>**

**The awards reception will be held on  
Friday, June 28<sup>th</sup> from 2:00pm to 3:00pm**

For additional information including rules, classifications and eligibility, please call the Department of Senior Services at 973-569-4060.

Please remember, even if you do not enter the art show, you are more than welcome to arrange tours to view the artwork.







## 2019 Annual Senior Picnic

The Passaic County Board of Chosen Freeholders and the Department of Senior Services invite you to attend our

### 2019 Annual Senior Picnic

The 2019 Senior Picnic will be held and catered for Passaic County Residents at the Upper Montclair Country Club  
177 Hepburn Road, Clifton NJ 07012

#### Date & Time

Tuesday, September 17th or Wednesday, September 18th  
from 9:30am to 1:30pm

Rain or Shine! \$15.00 per person

\*Reservation on first come first serve basis.

There will be no transportation provided.

To make a reservation, please call Patricia Ring at  
973-569-4060.

Passaic County residents only.

**Make check payable to and mail to:**

Passaic County Senior Services  
930 Riverview Drive, Suite 200, Totowa, NJ 07512  
Attn: Senior Picnic



## Brownstone Restaurant Halloween Party

**(Main Ballroom-1st floor)**

**Music by:**

*DJ Billy G!*

**Thursday, October 31st**

**11:00am to 3:00pm**

**\$30.00 per person**

***It's Halloween, please come in costume!***

***Reservations on a first come first serve basis. There will be no transportation provided.***

***To make a reservation call Patricia Ring at 973-569-4060.***

**Make check payable and mail to:**

Passaic County Senior Services  
930 Riverview Drive, Suite 200, Totowa, NJ 07512  
**Attn: Halloween Harvest**



**Board of Chosen Freeholders**

**Director:**

John W. Bartlett

**Deputy Director:**

Cassandra “Sandi” Lazzara

∞ ∞ ∞

Assad H. Akhter

Theodore O. Best, Jr.

Terry Duffy

Bruce James

Pasquale “Pat” Lepore

**County Administrator:**

Anthony J. DeNova III

The State Health Insurance Assistance Program (SHIP) is a statewide program administered by the New Jersey Department of Human Services with financial assistance through a grant from the U.S. Administration for Community Living (ACL). Currently in the Nation there are 59 million Medicare beneficiaries and includes people who are 65 and older and people who have a permanent disability. Many have difficulty navigating Medicare and the health care system on their own. Some do not get the care they need because they cannot pay and do not know about programs that provide help. Others, (the many caregivers who assist family members, friends and neighbors) need answers and guidance. SHIP counselors provide free one-on-one Medicare counseling. Please contact Shirley Force, Passaic County SHIP coordinator at 973-569-4060.

Department of Senior Services,  
Disability & Veterans Affairs  
930 Riverview Drive, Suite 200  
Totowa, NJ 07512  
Phone: 973-569-4060  
Fax: 973-256-5190/5091  
ADRC 1-877-222-3737  
[www.passaiccountynj.org](http://www.passaiccountynj.org)

