



SENIOR PATHWAY

PASSAIC COUNTY
DEPARTMENT OF SENIOR SERVICES,
DISABILITY AND VETERANS AFFAIRS

AGING/DISABILITY VETERANS AFFAIRS
PARA TRANSIT NUTRITION SERVICES ENERGY ASSISTANCE
ADULT DAY CARE



Summer 2019 Produced by the Department of Senior Services

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SENIOR RESOURCE

CENTER

SENIOR SERVICES/ADRC
973-569-4060
ADULT DAY CARE
973-569-4080
NUTRITION SERVICES
973-569-4099
PARA TRANSIT
973-305-5756
ENERGY ASSISTANCE
973-569-4032
VETERANS AFFAIRS
973-569-4090



Our Senior Nutrition Centers are “More than just a Meal”. The overall focus of our senior centers is to provide nutritious meals, socialization and other supportive services for individuals 60 years of age or older.

Come join us to see what the fun is all about.



Special Note from the Executive Director...

On behalf of the Department of Senior Services and its Divisions, we wish all of our seniors a happy safe summer.

Shirley Force

From the Board of Social Services...

The Passaic County Board of Social Services is one agency of many that must work together to meet the needs of our residents. A recent study published by the New Jersey Department of Human Services highlighted the issue of economic insecurity among retirees and the importance of programs operated by the PCBSS, the Department of Senior Services and state agencies to meet the basic needs of our senior population.

Helping the Elderly Stay Secure

There are a wide range of programs designed to address specific needs for seniors. Health programs include Medicare Savings Programs that assist the lowest income groups pay for Medicare premiums as well as Pharmaceutical Assistance and Senior Gold programs that pay a share of the pharmacy costs for seniors with limited incomes. For the most vulnerable, there is the SSI program that provides a modest monthly allotment to elders with no or minimal income.

In addition to the programs that focus on health issues there are others that assist persons in meeting energy costs, the Universal Service Fund and Lifeline, as well as provisions in New Jersey tax laws to allow seniors to limit their obligations to state and local governments.

All of these programs work to reduce the level of economic uncertainty, but speaking for the Passaic County Board of Social Services, I know that none has the potential to assist equal to the Supplemental Nutrition Assistance Program (SNAP). For unlike the other programs in the study, SNAP addresses the most universal of needs – food. Everyone eats and needs good food to stay healthy. An expansion of the SNAP program would benefit large numbers of senior citizens in a cost effective, efficient way.

SNAP and the FPL

The biggest barrier to using the SNAP program to reduce the level of economic uncertainty among seniors is its current linkage to the Federal Poverty Level (FPL). The FPL is generally acknowledged as an “antiquated, one size fits all nationwide measure that tells us little” about the people or the lives of those who are forced to subsist on that level of income. For 2019, the FPL for a person living alone is \$12,490 and for a couple \$16,910. By increasing SNAP eligibility to the Elder Index standards, tens of thousands of new SNAP participants could be added at minimal administrative costs and very reasonable program costs. And as we know from other studies, the savings in health care costs and other social service needs would be immediate and dramatic.

Over 50 years of experience has proven that the SNAP program works. Good food leads to good outcomes for everyone. It is time to expand the program and starting with the retired population makes sense. If you want to read the full study, you can find it at the New Jersey Department of Human Services website at NJ.gov. I can send you a printed copy. Just send a request to:
Passaic County Board of Social Services
80 Hamilton Street, Paterson, NJ 07505.

Attention: John Currie

John Currie

Chief Community Organization Specialist

T: 973-278-6480 or

973-881-3201

F: 973-881-3233

Email: jcurrie@pcbss.org

PASSAIC COUNTY CLERK'S OFFICE ANNOUNCES PROPERTY FRAUD WARNING SYSTEM

Passaic County Clerk Danielle Ireland-Imhof is pleased to announce the launch of a new Property Fraud Warning System for Passaic County property owners. The Property Fraud Warning System is a free service that provides email notifications whenever a property document with your name is recorded in the County Clerk's Office.

According to the FBI, property and mortgage fraud is one of the fastest growing white collar crimes in the United States. This new Property Fraud Warning Service can serve as an early alert to property owners of possible fraudulent activity so that they can take the appropriate next steps with law enforcement agencies. Additionally, the system can be used as a monitoring mechanism to keep track of the filing of legitimate documents once you finish with a property closing, taking out or paying off a mortgage.

After following a quick and few simple steps to enroll in the Property Fraud Warning System, subscribers will receive an email notification if a property document with their name is recorded in the future. If someone receives an email notification they can quickly check the Clerk's Property Search website (records.passaiccountynj.org) to view a PDF of the actual document that was recorded.

Passaic County property owners can enroll in this new program by visiting www.passaiccountyclerk.org, clicking the link entitled "Property Fraud Warning System" and following the prompts on the screen.



SUMMER FUN WITH PASSAIC COUNTY PARKS & RECREATION!

All summer long the Passaic County Department of Parks & Recreation is offering a variety of ongoing events in our county parks that are FREE to all Passaic County residents!

- * Yoga in Goffle Brook Park and Garret Mountain Reservation
- * Meditation in Garret Mountain Reservation
- * Fitness Training in Goffle Brook Park and Weasel Brook Park
- * Dog Training in Goffle Brook Park
- * Archery in Garret Mountain Reservation
- * Bird Watching in Garret Mountain Reservation
- * Shake Your Soul: Dance Yoga in Garret Mountain Reservation

Sponsored by the Passaic County Board of Chosen Freeholders

For dates, times, and location specifics please visit Passaiccountynj.org or contact

Kerry William Klug

Recreation Program Coordinator

Passaic County Parks & Recreation

209 Totowa Road

Wayne, NJ 07470

KerryK@passaiccountynj.org Phone 973-881-4833 x2246



SUMMER

Nutrition Presentation

Join Heather Shasa, Dietitian with ShopRite of Little Falls for a Healthy Swaps summer presentation at the **Passaic County Department of Senior Services**
930 Riverview Drive, Suite 200
Totowa, NJ
Tuesday, August 20th at 10:00am.



Heather will be discussing ways to lighten up your summer favorites and show you how to create a few easy nutritious recipes. She will also be sharing her favorite tips and tricks for cooking for one. Hope to see you there! For more information and to register, please call 973-569-4060.

SUMMER ENERGY COSTS

SAVING TIPS

Install a smart or programmable thermostat:
Make sure it's programmed to automatically turn back the cooling when you are not home or when you are sleeping.

If you are using air conditioners: Keep the setting at a comfortable temperature in the summer. Raising or lowering your thermostat by just one degree can reduce air-conditioning costs by up to 3 to 5 percent.

Keep filters clean: Check furnace and air conditioner filters monthly. Clean and replace them as needed.

Keeping cool without air-conditioning...

Use fans: You can use circulating fans near open windows at night to help rid the house of daytime heating. Ceiling fans make you feel about 4°F cooler than the actual temperature by moving air across your skin – but they do not lower the actual temperature of the room. Be sure to turn ceiling fans off when you leave a room.

Close windows and shades during the day: At night, open windows opposite one another for cross-ventilation.

Use your blinds: During the summer, close curtains and blinds that face the sun on sunny days to keep your home cooler, and open them at night to keep the cooler air inside.

Passaic County Home Energy & Weatherization is accepting LHEAP applications until August 31, 2019 to help you with reducing your energy costs, please visit our office or contact us at 973-569-4032



CITY GREEN

Learn how to prepare healthy, affordable, farm-fresh snacks at City Green's "Eat Better Tonight" workshop. This 45 minute workshop will include an interactive cooking demonstration and taste-test, featuring the season's freshest fruits and vegetables!

Tuesday, August 6th @ 10am

930 Riverview Drive, Suite 200, Totowa

For more information and to register, please call Senior Services at 973-569-4060



To buy fruits and vegetables, City Green will be at the Totowa Senior Center from 10:30am – 11:30am on 7/23, 8/20 & 9/17

CAMP HOPE SENIOR

PROGRAM



The Passaic County Parks & Recreation Department hosts Senior Day Trips to Camp Hope. The Senior Program runs September through June with monthly themes. Rain or shine!!!

Cost: \$12.00 per person
(Breakfast, Lunch, Dessert, Entertainment & Transportation) Passaic County Residents ONLY!

To make a reservation please call:

Shaniqua Wallace at 973-881-2487



The Passaic County Department of Senior Services and Northeast New Jersey Legal Services seminar on

Home Repair Frauds Directed at Seniors

Thursday, September 12, 2019

10:00am-11:00am

Department of Senior Services

930 Riverview Drive, Suite 200

Totowa, NJ 07512

For more information and to register, please call 973-569-4060



OPERATION VETERAN APPRECIATION

Calling all Passaic County Veterans



Passaic County Camp Hope, in partner with the Department of Senior Services/Veterans Affairs, would like to THANK our Passaic County Veterans by sponsoring a day of APPRECIATION at Camp Hope.

If you are one of our PROUD PASSAIC COUNTY VETERANS, consider yourself cordially invited to spend the day celebrating your service . Thank you for the service you provided to our great nation! Join us for BREAKFAST followed by LUNCH and DESSERT as you enjoy the LIVE MUSICAL ENTERTAINMENT!! Our VA Officer and County Clerk's office will be on-site for information, assistance and processing applications for Veteran Photo ID's. FREE Transportation will be available through our County PARA-TRANSIT Service . Pick up/drop off location will be from the Totowa Senior Services Office at 930 Riverview Dr., Suite 200, Totowa, NJ 07512.

Location:

Camp Hope
1792 Union Valley Road
West Milford, NJ

Date:

Friday, November 1, 2019

RSVP by:

October 18, 2019
by calling 973-881-2487



*Join us for a fun afternoon while creating your own masterpiece.
Paint, snack and have fun. Let your inner artist out.*

Swirl-N-Snack

Instruction by: Arts & Creations Pottery Studio

Time: 2:00pm

Date: Thursday, August 22nd, Thursday, September 26th,
and Thursday, October 24th

Place: Passaic County Senior Services
930 Riverview Drive, Suite 200

Totowa, NJ 07512

Fee: \$8.00 per class

Please call to register 973-569-4060



**EDUCATIONAL SEMINAR ON
MEDICARE PARTS A, B, C & D**

Free unbiased information will be presented on:

- Best time to sign up for Medicare
- How to compare Medicare Plans
- 2020 Medicare Advantage Plans with or without Medicare prescription coverage
- How to join or switch a Medicare Part D plan
- In network verses out of network costs
- Who pays first and more

Friday, October 18, 2019

Time 10:00am to Noon

Location

930 Riverview Drive, Suite 200, Totowa, NJ
To reserve seating or for additional information,
please call 973-569-4060

MEDICARE ANNUAL PART D EVENT

One-on-one counseling and enrollment assistance will be available to Medicare beneficiaries, new Medicare enrollees or to compare current coverage with new plans for 2020.

Friday, November 1, 2019

Time: 9:00am to 4:00pm

Location:

930 Riverview Drive, Suite 200, Totowa, NJ

To reserve an appointment or additional information,
please call

973-569-4060



STOPPING ELDER ABUSE

PASSAIC COUNTY PROSECUTOR
CAMELIA M. VALDES

Cordially invites you to a Community Forum
Discussion of Financial Crimes, Current
Scams and Services Available

Thursday, August 22, 2019

9:30am - 11:30am

Department of Senior Services

930 Riverview Drive, Suite 200, Totowa 973-569-4060

Please register by Wednesday, August 7, 2019

By e-mail at broberts@passaiccountynj.org

or phone at 973-881-4887 or

Register through Eventbrite at

<https://elderabuseforum.eventbrite.com>

Seating begins at 9:30am

**** Panel Discussion begins at 10:00am ****

****This event is free of charge and open to the public****

Follow us on Facebook Visit: www.pcponj.org



BROWNSTONE RESTAURANT

HALLOWEEN PARTY

(Main Ballroom-1st floor)

Music by:

DJ Billy G

Thursday, October 31st

11:00am to 3:00pm

\$30.00 per person



It's Halloween, please come in costume!

Reservations on a first come first serve basis.

There will be no transportation provided.

To make a reservation call Patricia Ring at

973-569-4060

Make check payable and mail to:

Passaic County Senior Services

930 Riverview Drive, Suite 200

Totowa, NJ 07512

Attn: Halloween Harvest



2019 SENIOR POLICE ACADEMY

October 1st, 8th, 15th, 22nd and 29th.
5 Weeks: 8:45am to 12:00 noon

Call to register 973-569-4060

Seating is limited
\$5.00 Registration Fee



Academy Topics:

- ◆ Fraud, Scams & Identity Theft
- ◆ Money Smart for Older Adults
- ◆ Personal Safety & Home Safety
- ◆ Crime Prevention and Gang Awareness
- ◆ Prescription Drug Abuse & Drug Drop-Off
- ◆ Office of Emergency Management
- ◆ 911 Communication
- ◆ Learn About Project Lifesaver
- ◆ Emergency First Aid
- ◆ Gambling Prevention
- ◆ K-9 Unit Presentation
- ◆ Senior & Veterans Services Overview

Presented by:

Passaic County
Board of Chosen
Freeholders

Sheriff's Department

Department of Senior
Services, Disability and
Veterans Affairs

*Congratulations to all
those who participated in
the 2019 Annual Senior
Art Show.*

great
JOB



2019 AARP DRIVER SAFETY

By taking a driver refresher course you'll learn the current rules of the road, defensive driving techniques and how to operate your vehicle more safely. You'll learn how you can manage and accommodate common age-related changes in vision, hearing and reaction time. You may be eligible to receive an insurance discount upon completing the course, so consult your insurance agent for details. AARP membership is not required to take the course and there are no tests to pass.

All attendees must bring their NJ Driver's License and if a member of AARP, bring your their Membership Card. There will be a 30 minute lunch break, please bring lunch and snacks.

Date:

Tuesday, September 10th

Time: 9:00am to 3:30pm

Location: Passaic County Senior Services, 930 Riverview Drive, Suite 200, Totowa, NJ 07512



The classroom course costs only \$15 for AARP members and \$20 for non-members.

Checks are made payable to AARP. **Payment must be received prior to class**

The Driver Safety Course will be on a first come first serve basis! There are 25 seats available per session. To register, please call Patricia Ring at 973-569-4060

Board of Chosen Freeholders

Director:

John W. Bartlett

Deputy Director:

Cassandra “Sandi” Lazzara

∞ ∞ ∞

Assad R. Akhter

Theodore O. Best, Jr.

Terry Duffy

Bruce James

Pasquale “Pat” Lepore

County Administrator:

Anthony J. DeNova III

The State Health Insurance Assistance Program (SHIP) is a statewide program administered by the New Jersey Department of Human Services with financial assistance through a grant from the U.S. Administration for Community Living (ACL). Currently in the Nation there are 59 million Medicare beneficiaries and includes people who are 65 and older and people who have a permanent disability. Many have difficulty navigating Medicare and the health care system on their own. Some do not get the care they need because they cannot pay and do not know about programs that provide help. Others, (the many caregivers who assist family members, friends and neighbors) need answers and guidance. SHIP counselors provide free one-on-one Medicare counseling. Please contact Shirley Force, Passaic County SHIP coordinator at 973-569-4060.

Department of Senior Services,
Disability & Veterans Affairs
930 Riverview Drive, Suite 200
Totowa, NJ 07512
Phone: 973-569-4060
Fax: 973-256-5190/5091
ADRC 1-877-222-3737
www.passaiccountynj.org

