



SENIOR PATHWAY

PASSAIC COUNTY
DEPARTMENT OF SENIOR SERVICES,
DISABILITY AND VETERANS AFFAIRS



AGING/DISABILITY ADULT DAY CARE VETERANS AFFAIRS
PARA-TRANSIT NUTRITION SERVICES ENERGY ASSISTANCE

SUMMER 2020 Produced by the Department of Senior Services

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SHIP

SENIOR RESOURCE CENTER

SENIOR SERVICES
973-569-4060

TRANSPORTATION
973-305-5756

ENERGY ASSISTANCE
973-569-4032

NUTRITION SERVICES
973-569-4099

ADULT DAY CARE
973-569-4080

VETERANS AFFAIRS
973-569-4090

To ALL OUR READERS,

The current public health emergency has restructured our lives; yet through your resilience we will be renewed. We are challenging ourselves to find new ways to continue to provide services to Passaic County Seniors, Disabled and Veterans. Your health and safety are of the utmost importance to us as we are adjusting to our new normal. This newsletter is our first step in moving forward to bring new events virtually and to make them educational and exciting. The enclosed activities are for your fun and enjoyment.

To us you are our shining stars.

It's our pleasure to serve Passaic County residents.

Sincerely,

Shirley Force, *Executive Director*

Staffers in the Divisions of: *Senior Services, Adult Daycare, Home Energy/Weatherization, Meals on Wheels/Nutrition & Paratransit*



Christmas in July

Stop by and pick up a FREE Santa ornament this month!

We'll be distributing Christmas ornaments in hopes of bringing a joyful moment to you and your family!

10:00AM – 12:00PM

Monday, July 27
Wednesday, July 29
Friday, July 31

930 Riverview Drive
Suite 200
Totowa, NJ

200 ornaments available on a first come, first served basis!

DRIVE-THRU PICKUP ONLY



Sponsored By:

Passaic County Board of Chosen Freeholders
Passaic County Department of Senior Services, Disability & Veterans Affairs, Adult Day Care, Energy Assistance, Meals on Wheels/Nutrition & Paratransit Divisions



What is Register Ready?

Register Ready is a free, secure, voluntary database designed to help emergency managers and first responders plan for and support people with disabilities and access and functional needs (DAFN) who may need assistance in the event of a disaster.

You (or someone on your behalf) are encouraged to register if you have a physical, developmental, cognitive or behavioral impairment, language barrier, or transportation challenge that may make it difficult for you to safely shelter in place or evacuate in a disaster.

Who should register?

Permanent and seasonal NJ residents with DAFN who may need help evacuating, sheltering in place or at a public shelter, or requiring emergency assistance should register. Individuals with a temporary disability, such as high-risk pregnancy or other serious medical condition, should register.

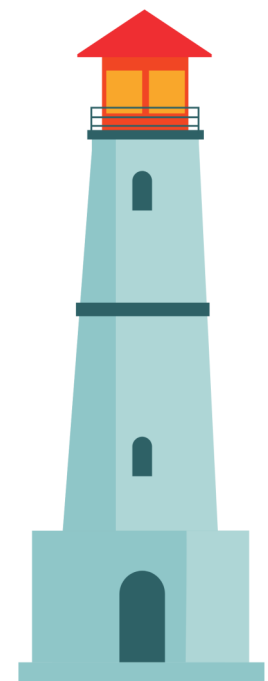
How can I register?

- Go to: www.registerready.nj.gov
- Telephone 2-1-1 (within NJ), or 877-652-1148 toll free (TTY/TDD and translation services available)
- Contact your County Office of Emergency Management
- Contact your local Center for Independent Living

For more information on Register Ready, please call the Department of Senior Services at 973-569-4060.

Join us in Trivia!

1. Which shore town has the longest boardwalk in the world?
2. In what river in New Jersey did the first submarine ride take place?
3. What county houses a volcano?
4. What city in New Jersey is home to the first brewery in America opened in 1642?
5. What animal does New Jersey have more of per square mile than any other?
6. What medium had its first broadcast in Paterson, NJ?
7. New Jersey is a peninsula. True or False (circle one)
8. Production of what two fruits does New Jersey lead in world production?
9. Highlands, New Jersey has the highest elevation along the entire eastern seaboard from Maine to Florida. True or False (circle one)
10. What city in New Jersey has the largest seaport in the United States?



Virtual Presentations

Passaic County Department of Senior Services is hosting a series of virtual presentations using WebEx.

Legal Services available to Passaic County Seniors and Living Will Declarations

Wednesday, August 5, 2020 | 10:00 a.m. to 10:30 a.m.

Presented by the Passaic County Department of Senior Services and Northeast New Jersey Legal Services

Fall Safety Prevention

Thursday, August 13, 2020 | 10:00 a.m. to 10:30 a.m.

Presented by the Passaic County Department of Senior Services and Home Care Options

Self-Care for Seniors and Caregivers

Monday, August 17, 2020 | 10:00 a.m. to 10:30 a.m.

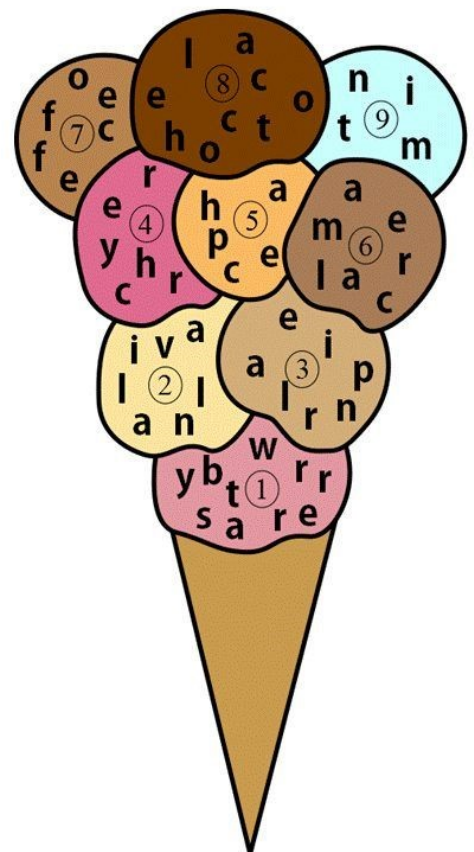
Presented by the Passaic County Department of Senior Services and Passaic County Division of Mental Health and Addiction Services

To participate in the virtual presentations you will need to preregister by calling 973-569-4060. You will be asked to provide an email address in order to join the events.

Word Scramble

Andrew couldn't decide what flavor of ice cream he wanted, so he just asked for a nine scoop cone. Unscramble the letters on each scoop to find out what flavors he enjoyed.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____



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NEED HELP PAYING YOUR ENERGY BILLS?



Passaic County Board of Chosen Freeholders Division of Home Energy & Weatherization



The Low Income Home Energy Assistance Program (LIHEAP & USF) offers financial assistance to those having difficulty paying their electric, gas and deliverable fuel bills.

You can also inquire about our FREE Weatherization Assistance Program, which helps eligible families by reducing your heating/cooling costs with FREE energy upgrades to your home, including windows and doors, insulation, and heating systems.

Household Size	LIHEAP	USF
1	\$2,082	\$1,926
2	\$2,819	\$2,607
3	\$3,555	\$3,289
4	\$4,292	\$3,970



Applicants must **be** residents of Passaic County and meet income guidelines. You may qualify whether you own or rent, live in a single family home, multifamily housing complex or in a mobile home.

Passaic County offices are currently **closed to the public**, but we are still available Monday through Friday by email, phone, fax and mail. We are eager to assist you with your home energy needs.

Email: energyassist@passaiccountynj.org

Phone: 973-569-4032

Mail: Passaic County Home Energy
930 Riverview Drive, Suite 250
Totowa, NJ 07512

Fax: 973-256-2067

2020 Needs Survey

Passaic County Department of Senior Services, Disability and Veterans Affairs is committed to assisting seniors and disabled individuals in meeting their needs. In order to do this and plan for the future, we need your input. **Please complete and return this survey by August 31, 2020.** Responses are confidential and results will be tallied and used for planning purposes.

INDICATE THE DEGREE TO WHICH THE TOPICS DESCRIBED ARE PROBLEMATIC FOR YOU				
	NOT A PROBLEM	SOMETIMES A PROBLEM	ALWAYS A PROBLEM	NOT APPLICABLE
Transportation to doctor/medical appointments				
Addressing my own needs (bathing, dressing, etc)				
Shopping for groceries				
Preparing your daily meals				
Cleaning your home				
Being able to pay for heat or other utilities				
Handling your own money and/or paying your bills				
Performing household chores (shoveling, mowing, small repairs, etc)				
Taking medication				
Completing insurance or Medicare forms				
Understanding health insurance/prescription coverage				
Providing care for another person as a caregiver				
Falling (loss of balance)				
Help with household budgeting and finances				

Check below which services you feel are critical needs in the community:

- | | |
|--|---|
| <input type="checkbox"/> Adult Day Care - <input type="checkbox"/> Medical <input type="checkbox"/> Social
<input type="checkbox"/> Care Management (<i>social worker develops a plan for coordinated services</i>)
<input type="checkbox"/> Caregivers Services (<i>respite for caregivers</i>)
<input type="checkbox"/> Certified Home Health Aides
<input type="checkbox"/> Elder Abuse
<input type="checkbox"/> Exercise Programs
<input type="checkbox"/> Grocery Shopper Services (<i>for individuals who are physically unable to shop</i>)
<input type="checkbox"/> Health Education
<input type="checkbox"/> Home Delivered Meals (<i>Meals on Wheels</i>)
<input type="checkbox"/> Housekeeping
<input type="checkbox"/> Assistance with Information, Applications to Programs, Benefits | <input type="checkbox"/> Insurance Questions/Medicare Counseling
<input type="checkbox"/> Legal Assistance
<input type="checkbox"/> Mental Health Services (<i>assistance with anxiety, depression, stress, etc.</i>)
<input type="checkbox"/> Nutrition Education and/or Counseling
<input type="checkbox"/> Senior Centers/Congregate Dining
<input type="checkbox"/> Oral Health (<i>screening, assessment and treatment</i>)
<input type="checkbox"/> Minor Home Repair & Handyman Services
<input type="checkbox"/> Socialization and Recreation Activities
<input type="checkbox"/> Support Groups
<input type="checkbox"/> Telephone Reassurance (<i>"How are you today?"</i>)
<input type="checkbox"/> Transportation |
|--|---|

What town do you live in?

- | | | | |
|---------------------------------------|--|---------------------------------------|--|
| <input type="checkbox"/> Bloomingdale | <input type="checkbox"/> North Haledon | <input type="checkbox"/> Ringwood | <input type="checkbox"/> Woodland Park |
| <input type="checkbox"/> Clifton | <input type="checkbox"/> Passaic | <input type="checkbox"/> Totowa | <input type="checkbox"/> Other_____ |
| <input type="checkbox"/> Haledon | <input type="checkbox"/> Paterson | <input type="checkbox"/> Wanaque | |
| <input type="checkbox"/> Hawthorne | <input type="checkbox"/> Pompton Lakes | <input type="checkbox"/> Wayne | |
| <input type="checkbox"/> Little Falls | <input type="checkbox"/> Prospect Park | <input type="checkbox"/> West Milford | |

Are you a Veteran or Spouse of a Veteran? Veteran Spouse of Veteran Not a Veteran

Optional

The following information is requested for statistical purposes only. ALL INFORMATION KEPT CONFIDENTIAL

Age Range: Under 60 60-74 75-84 85-94 95+

Gender: Male Female **Marital Status:** Married Widowed Single Separated Divorced

Ethnic Background (IF MULTIPLE RACES, PLEASE SELECT APPROPRIATE BOXES)

White Hispanic American Indian/Alaskan Native Asian Black or African American

Native Hawaiian or Other Pacific Islander Other _____

I live: Alone **I live with:** Spouse/Life Partner Child(ren) Relative/Friend Shared Housing/Other

Name: _____ **Telephone:** _____

Address: _____

----- FOLD HERE -----

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Passaic County Department of Senior Services,
Disability and Veterans Affairs
930 Riverview Drive, Suite 200
Totowa, NJ 07512

Place Stamp Here

Passaic County Department of Senior Services, Disability and Veteran's Affairs
ATTN: NEEDS SURVEY
930 Riverview Drive, Suite 200
Totowa, NJ 07512

Answers to Trivia Questions from Page 2

- | | |
|------------------|--------------------------------|
| 1. Atlantic City | 6. Radio |
| 2. Passaic River | 7. True |
| 3. Sussex | 8. Cranberries and blueberries |
| 4. Hoboken | 9. True |
| 5. Horse | 10. Elizabeth |

2020 Hurricane Season is Here!

The Atlantic hurricane season is expected to be an active one this year, so be prepared:

- Three day supply of canned, non-perishable, ready-to-eat **FOOD**
- Three day supply of **WATER** (a total of **three gallons per family member**)
- **Battery-operated RADIO** and extra batteries
- **FLASHLIGHT** and extra batteries
- One week **prescription MEDICATIONS**
- **FIRST AID KIT**
- Personal **TOILETRIES**
- Non-electric **CAN OPENER** and **UTENSILS**
- **SPECIAL NEEDS** items:
 - * **INFANT** care items
 - * Items for **ELDERLY** family members
 - * Items for relatives with **DISABILITIES**
- **CASH** or **TRAVELERS CHECKS**
- **Pet Supplies**
- Store important **DOCUMENTS** in a waterproof, safe location

Learn more at <http://www.ready.nj.gov/plan-prepare/your-kit-plan.shtml>.



Passaic County Farmers' Market

The Passaic County Farmers' Market operates from June through November

The program provides eligible low-income individuals with vouchers to purchase fresh, nutritious, unprepared, locally grown fruits, vegetables and fresh cut herbs from certified farmers and roadside stands. The program reinforces the importance of using locally grown produce and expands the awareness and use of the local farmers. Each eligible individual will receive six \$5.00 vouchers for the season to purchase fresh fruits, vegetables and herbs from authorized farmers. Vouchers cannot be redeemed at grocery stores.

Requirements

To be eligible to receive Farmers' Market Nutrition Program benefits, individuals must be at least 60 years old, a Passaic County resident and meet the program's income requirements. All individuals must complete an application. For income requirements, please contact Senior Services at 973-569-4060.

**Passaic County Board of
Chosen Freeholders**

Director
Cassandra "Sandi" Lazzara

Deputy Director
Pasquale "Pat" Lepore

Assad R. Akhter

John W. Bartlett

Theodore "TJ" Best, Jr.

Terry Duffy

Bruce James

County Administrator

Anthony J. DeNova III

The State Health Insurance Assistance Program (SHIP) is a statewide program administered by the New Jersey Department of Human Services with financial assistance through a grant from the U.S. Administration for Community Living (ACL). Currently in the Nation there are 59 million Medicare beneficiaries and includes people who are 65 and older and people who have a permanent disability. Many have difficulty navigating Medicare and the health care system on their own. Some do not get the care they need because they cannot pay and do not know about programs that provide help. Others, (the many caregivers who assist family members, friends and neighbors) need answers and guidance. SHIP counselors provide free one-on-one Medicare counseling.

Please contact Dinorah Luciano, Passaic County SHIP coordinator at 973-569-4060.

Department of Senior Services,
Disability & Veterans Affairs
930 Riverview Drive, Suite 200
Totowa, NJ 07512
Phone: 973-569-4060
Fax: 973-256-5190/5091
ADRC 1-877-222-3737
www.passaiccountynj.org/seniors

