



Autumn 2022



Preakness Healthcare Center

A Legacy of Caring since 1929

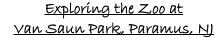
305 Oldham Road Wayne, NJ 07470 973 - 317-7020 www.passaiccountynj.org

Inside this issue:

Staff Spotlight!	3
Laundry Care & Out on Pass Guidelines	5
Preakness Happenings & Celebrations	6
Staying Healthy: Helpful Tips	7
Safety First! - Maintaining a safe environment for our residents, staff and guests	8





















Preakness Healthcare Center

Important Information

PREAKNESS NURSING

Deem

"24 Hours On Call"

973-617-7496

Director of Nursing: Daniel Nasulme, RN. BSN

Assistant Director of Nursing aleyamma John, RN. BSN

Nursing Supervisors

<u>7-3 shift</u> Evelyn Lintag, Juan Saavedra, Nadia Hapatsha, Ann Margaret Roman

3-11 shift Mary Nutakor, Marc Georges

11-7 shift Joven Baldevarona, Jessy Varghese, Perla Paguntalan

Nursing Department Secretary

Ibelise "Ibby" Grullon - 973-585-2190

PREAKNESS SOCIAL SERVICES

Sharon Link, MSW, LCSW

<u>~Director of Social Services~</u> -200 (H Section) 973-585-2148

3-200 (H Section) 973-585-2148 slink@passaiccountynj.org

Joan Derramas, MSW, LCSW

1-400, 2-400 & Vent 973-585-2107

jderramas@passaiccountynj.org

Christina Dykenga, MSW, LCSW

1-300, 2-300 & Pathway **973-585-2154** *cdykenga@passaiccountynj.org*

Barbara Cohen - MSW, LSW

3-400 & 3-200 (G Section) 973-585-2112

bmarkoff@passaiccountynj.org

Tara Kadlur, BSW, CSW

1-200 & 2-200 **973-585-2186**

tarak@passaiccountynj.org

Lucy Gambino, MSW, CSW

Per Diem 973-585-2120/2148 lucyg@passaiccountynj.org

<u>Change</u> <u>Of</u> Physician:

It's Your Right

As a resident right, a resident or responsible party has the right to chose from the many physicians who have privileges to provide care at the facility. If you would like to change the physician currently assigned, for any reason, please contact your Social Worker directly or the Social Services Department at 973-585-2148.



Survey Results

Results of the most recent survey conducted by the NJ Department of Health, including the plan of correction in effect, are available for your review in the Main Lobby and rear entrance.



Wi-Fi Access

Visitors & Residents can sign-in to the

"Preakness Guest Wireless"

Public Wi-Fi network.

"Hotspot" areas include: All resident areas (200s, 300s & 400s), Main Dining Room, Rotunda, Classroom & Boardroom.

Be aware that all access to this public network is monitored. Please review the disclosure agreement prior to logging on.

- Nurses
- Certified Nursing Assistants
- Recreation Therapy Aides
- Food Service Workers

If you or a healthcare professional you know is seeking a very rewarding career, please forward your resume to:

smcevoy(a)

passaiccountynj.org or call Suzanne McEvoy at 973-585-2161.



Stay Connected With



Contact Suzanne McEvoy
to sign up for the
Preakness Healthcare Conter

<u>e-mail list!</u> 973-585-2161

smcevoy@passaiccountynj.org



PREAKNESS PRESS



STAFF



Michael Jordan is excited to join our Preakness Healthcare Center Team in the Buildings and Grounds Department. He oversees the daily facilities operations. Mike is a native of Wanaque, NJ and attended Lakeland Regional High School. As an experienced Carpenter, Mike has been a member of the Northeast Regional Council of Carpenters, Local 253 for the past 23 years.

He comes from a family dedicated to Passaic County. Mike, his wife, Jessica and 3 year old son, Anthony reside locally in Little Falls, NJ. He is a huge NY Yankees, NY Knicks and Buffalo Bills fan and enjoys golfing and making memories with his family in his spare time.

Mike's office is located on the 1st floor in the 1-200 wing off the rotunda. He can be reached at 973-317-7030 or mjordan@passaiccountynj.org.

Welcome, Mike!



Happy Retirement, Sister Pat!

Thank you for 34 wonderful years!



<u>A Celebration of</u> <u>Four</u> Generations!

Blandina B. enjoys a visit with the newest addition to the family.



Community Outreach!

Preakness Healthcare Center participates in The Passaic County Fair, Wayne Day, Elmwood Park Senior Day and Paws in the Park.







Page 4

<u>Resident Laundry Care</u>

Infection Prevention Reminder

Many of our family members choose to do the laundry of their loved ones at home or onsite at Preakness Healthcare Center. To continue every effort to keep our residents free of illness, please **DO NOT drag dirty** laundry bags on the floor. We would be more than happy to assist with providing plastic bags to contain the dirty clothing. Feel free to also ask for assistance in bringing these items to/from the main lobby or laundry rooms (located on 1-200, 1-300 & 2-400.)

Labeling

The key to prevent missing items.

All resident's clothing, footwear and personal bedding or blankets should be properly labeled with the resident's name. When bringing in these items, please bring them to the nursing station and alert the Nurse or Social worker. Our Environmental Services staff will be contacted to label the new items and return it to the resident's room. As Preakness Healthcare Center uses an outside vendor for laundering the residents clothing, this necessary step assists in your loved ones items returning directly to them. If you do your loved ones laundry, labeling assists our staff in recognizing what belongs to each resident.

If you prefer to label your loved one's belongings, Preakness can provide you with printed labels that can be easily applied using a standard household iron. It is also beneficial to write the name of your loved one on items brought in including (but not limited to) toiletry/ care items and personal décor.

If your resident is in need of adaptive clothing, larger sizes or just in need of clothing that can withstand the rigors of industrial laundering, contact your social worker and they can share with you some vendors who specialize in traditional clothing and footwear. Some vendors have unconditional guarantees, free alterations, free shipping and free name labeling.



~ Out on Pass Guidelines ~

We encourage our families to take their loved one(s) out on pass as a way for families/responsible parties to have quality time together either at home or in a community setting. We ask that you follow guidelines listed below when coordinating an "Out on Pass" experience.

- A written physician's order by the resident's primary physician must be completed prior to the out on pass.
- Contact the nurse on the resident's unit to inform them you wish to take the resident out, 72 hours prior, so medications can be ordered.
- No medical equipment (other than a wheelchair) will accompany the resident unless proper arrangements have been made ahead of time.
- A "Resident Pass Form" will be given to you by the unit nurse. This form must be be left with the security officer on duty at the time of departure. Upon return, you will acquire the form from security and return it to the nurse on the unit.
- Transportation needs are to be arranged by the family.
- Residents on Private Pay status are responsible for paying each day the resident in on an overnight pass.
- Residents on Medicaid status are limited to 24 Overnight Passes within a calendar year.
- Residents on Medicare status will be discharged from the facility if they stay out over night.
 - ** For additional information, speak with a Preakness Healthcare Center Social Worker. **



Preakness Happenings & Celebrations

Wednesday, 11/2 @ 2pm

Harp Performance -

Main Dining Room (MDR)



Wednesday, 11/9 @ 2pm **Birthday Party with Julian** – MDR

Friday, 11/11 @ 2pm

Veteran's Service – MDR



Wednesday, 11/16 @ 2pm

"Broadway Magic" with Francine & Joel - MDR



Friday, 11/17 @ 2pm **MS Support Group**

GROUP -1^{st} flr Round Sitting Room

Friday,11/18 @ 2pm

Resident Council Meeting - MDR

Monday, 11/21 @ 2:30pm

Wayne Library Community

Outreach Visit – MDR



Wednesday, 11/23 @ 2pm

Bible Study - MDR



Monday,11/28 @ 2pm Musical Bingo with George Main Dining Room

Wednesday, 11/30 @ 2pm

Latin Dance Party – MDR



Friday, 12/2 @ 2pm

"Forever Judy" & The Wizard of Oz –MDR

Wednesday, 12/7 @2pm

Holiday Karaoke with Carla-MDR





Monday, 12/12 @ 2pm

December Birthday Party with Special Visit from Santa!

– MDR

Wednesday, 12/14 @ 2pm

DJ Dance Party with Tyrone, Tony &

Lamar! -MDR

Friday, 12/16 @ 2pm

Ballroom Dancing Program - MDR





Wednesday, 12/21 @ 2pm

"Holiday Lights" Musical Celebration with Francine & Joel - MDR



Holiday Party

with Julian – MDR

Friday, 12/23 – 10am - Noon

Holiday Gift Pass

with Scott Giaquinto!

* ALLUNITS *



Stay Tuned for Additional Programs!



Back in Action!





Wayne Library Community Outreach Visit

Oktoberfest!





Harp Performance!

NJ Concert Band Performance!



<u>Parties, Concerts, Trips,</u> Pet Visits, Impersonators & More!!





Elvis Presley, Elton John & Michael Jackson!!





Rock n Roll Party!



Fashion Show!







Racetrack Trip!





Casino Day!

PREAKNESS PRESS

STAYING HEALTHY





GET YOURSELF AND YOUR FAMILY VACCINATED!

A yearly flu vaccine is the first and most important step in protecting against flu viruses.







Flu Symptoms

Cold Symptoms



- Dry cough
- Shortness of breath or difficulty breathing
- Fatigue
- Sore throat
- Congestion or runny nose
- Aches and pains
- Headache
- Nausea or vomiting
- Diarrhea
- New loss of taste or smell

- Fever and/or chills
- Dry cough
- Fatigue
- Sore throat
- Congestion or runny nose
- Aches and pains
- Diarrhea (sometimes in children)



- Congestion or runny nose
- Mild cough
- Fatigue
- Sore throat
- Headache
- Sneezing
- Watery eyes
- Aches and pains



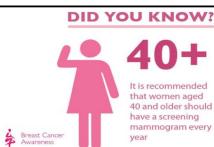












PREAKNESS PRESS



September

Healthcare Environmental Service Week

9/6 - 9/12

Rehabilitation Awareness Week

9/13 - 9/19

October

World Mental Health Day

10/10

Healthcare Food Service Week

10/11 - 10/17

Healthcare Security and Safety Week

10/11 - 10/17

Case Manager Week

10/11 - 10/17

Infection Control Week

10/12 - 10/20

Healthcare Quality Week

10/20 -10/26

Healthcare Facilities & Engineering Week

10/20-10/26

Respiratory Therapy Week

10/22- 10/28

Pastoral Care Week

10/25-10/31

November

Nurse Practitioner's Week

11/8 -11/14



To maintain your safety, family members and guests are asked to please refrain from using the stairwells during your visit (unless required due to a fire emergency) and please use the elevators.

Safety First!

Maintaining a safe environment is our priority at Preakness Healthcare Center.

~Family and Guests ~

REFRAIN FROM BRINGING IN the following potentially hazardous chemicals/items into the facility.

SAFE STORAGE OF THESE ITEMS IS MANDATORY!!

If you think something is potentially hazardous to our residents, DO NOT LEAVE IT UNSUPERVISED in a residents' room or area.

Laundry & Cleaning Products

- Bleach, Ammonia, Disinfectant sprays & cleaning wipes
- * Laundry Detergent is available through the facility for those who do their laundry on-site.

Flammable items:

- Aerosol Products

(ie: hair sprays, spray deodorants, colognes, air fresheners)

- * NON AEROSOL / pump products permitted
- Nail Products nail polish, nail polish removers
- Alcohol based items
- All open flame candles (including birthday candles)
- * Battery operated candles permitted.

All Over the Counter Medications

- pain relievers, cold remedies, antacids & vitamin supplements
- Sharp Instruments scissors, knives, syringes
- <u>Seasonal/Room Decor</u> No LIVE cut trees or garlands.
 - * Potted plants, silk flowers and artificial trees are permitted.*

• Electrical items - NO "PLUG IN" AIR FRESHENERS

* Gel cones, solid, non-aerosol/pump fresheners & scented sachets are permitted.

Electrical items including all small appliances including fans, radio/CD players and personal refrigerators must be left with security and inspected prior to them being brought to the units. ETL or UL listed plugs required.

<u>*Personal Refrigerators</u>: Maintenance & cleaning is the obligation of the resident/family/responsible party.

If you are unsure about what products/items are permitted,
please contact: Frank Irizarry, Safety Coordinator,
973-585-2117, firizarry@passaiccountynj.org