

## Passaic County Senior Services

The Department of Senior Services, Disability and Veterans Affairs provides and coordinates numerous services and sponsors many activities for senior citizens.

The Department is also designed as an ADRC (Aging & Disability Resource Connection) coordinating and providing information and assistance, outreach, benefit screenings, in-home risk assessments, and care management services. A coordinated effort with the Passaic County Board of Social Services assists those individuals at risk of placement in a nursing facility with additional senior health programs.

To contact ADRC, please call  
1-877-222-3737.



## Divisions in our Department

- Adult Day Care
- Division of Nutrition Services
- Para Transit
- Home Energy and Weatherization
- Veterans Services

## 2024 Passaic County Board of County Commissioners

### Director

John W. Bartlett, Esq.

### Deputy Director

Cassandra "Sandi" Lazzara

Orlando Cruz

Terry Duffy

Nicolino Gallo

Bruce James

Pasquale "Pat" Lepore

### County Administrator

Matthew P. Jordan, Esq.



*Rich History, Bright Future*



# CARES

## Caregivers Assistance Relief Education Support

Partnering with caregivers to meet the  
needs of the family.

Passaic County Department of  
Senior Services, Disability  
and Veterans Affairs

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[www.passaiccountynj.org/seniors](http://www.passaiccountynj.org/seniors)

## What is CARES?

CARES (Caregivers, Assistance, Relief, Education, and Support) is a consumer driven program that provides a broad array of services to enable caregivers to better understand and utilize services to maintain themselves, while providing care to others.

CARES is a participant-directed program, meaning the caregiver and care recipient work jointly with care manager to develop and oversee his/her service plan.

CARES is funded by the National Family Caregiver Support Program, Title III E of the Older Americans Act, State of New Jersey, Division of Aging and Consumer Support and the Passaic County Board of County Commissioners.



## Caregivers

Caregivers must often find new ways to care for their loved one, while trying to maintain their own health and emotional well being. It is not unusual for caregivers themselves to experience emotional distress and physical ailments as well.

## Eligibility Criteria

- ♥ Is a United States Citizen or Qualified Alien.
- ♥ Care Recipient has no alternate means available to secure needed services and/or supports. (Services received from CARES cannot be duplicated by an alternate program that care recipient is enrolled in.)
- ♥ Is an elderly individual, 60 years of age and over, caring for another elderly individual, 60 years of age and over; OR
- ♥ Is an adult family member, or another individual, who is an informal provider or provides in-home and/or community care to an individual aged 60 years of age or over; OR
- ♥ Is a grandparent or an older relative of a child, 60 years of age or over, who lives with and is providing care for a disabled child 18 years of age or older.

## Cost

There is no fee for this service. Anyone receiving services has an opportunity to contribute to the cost of the services but there is no obligation to contribute and all contributions are purely voluntary. Your privacy and confidentiality with respect to this donation will be protected and services are not affected by the ability or lack of ability to contribute.

## Services

**Adult Day Care:** Structured program for adults who require care and supervision in a protective setting for a portion of a 24-hour day.

**Respite Care:** Short term or intermittent care provided to older persons either in their home or in other appropriate facilities, because of the absence or the need for relief of those persons normally providing care.

**Housekeeping:** A service provided for basic upkeep and management of homes, for the purpose of enabling older persons to maintain themselves in their place of residence by removing housekeeping barriers.

**Caregiver Counseling:** Provide individual counseling to help the caregiver with feelings they are experiencing as a caregiver.

**Care Management:** The development of a care plan for arranging and coordinating the delivery of multiple services to vulnerable and or functionally impaired older individuals.

**Certified Home Health Aide:** Support by certified home health aide to maintain, strengthen, and safeguard the functioning of older individual and families in their own home during periods of illness or severe instability.

**Caregiver Support Groups:** Group which meets on a regular basis, formed to help relieve caregiver stress and to provide peer support, education, and information.

**Emergency Response Unit:** An electronic device designed to help individuals who are alone for most of the day to get help in an emergency.