

PREAKNESS PRESS

The Official Publication of **Preakness Healthcare Center**
 Owned and Operated by the County of Passaic and The Board of County Commissioners



* WINTER 2023 *

Preakness Healthcare Center

A Legacy of Caring since 1929

305 Oldham Road
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973 - 317 - 7020

www.passaiccountynj.org

Preakness Healthcare Center

is owned and operated by the County of Passaic and the Board of County Commissioners. Our mission is to provide the finest care to our patients and residents. We offer sub-acute care, physical rehabilitation, long-term care, behavioral management, Ventilator/Respiratory Care, Hospice and Palliative Care, and Respite services. Preakness Healthcare Center has been providing high-quality healthcare to the community since 1929.

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Centenarian Celebrations!

A Spotlight on 1923

- Average Income: \$3,226
- Postage Stamp: \$.02
- Eggs: \$.55 a dozen
- Gasoline: \$.25 a gallon

- President: Warren G. Harding
Vice President: Calvin Coolidge
- Popular Baby Names:
 Mary, John, Dorothy, Robert

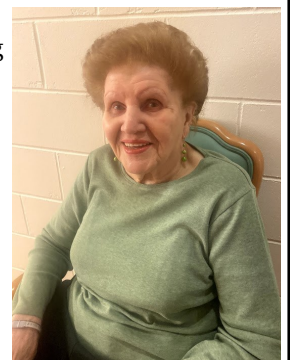
Major Events!

- Insulin became readily available for diabetics
- The world's 1st portable radio was developed in the US
- The 1st issue of TIME Magazine was published
- Yankee Stadium opens - 1st home game vs. Boston Red Sox
- Warner Bros. establishes its' film studio company

Adele L. will celebrate 100 years on 2/2/23. She was born in Italy and made a living as a seamstress. She enjoys time spent with family and attending church services.



Catherine F. will be 100 years young on 2/4/23. This Passaic County native worked in the clothing and shoe industry. She enjoys having her hair styled and socializing with peers.



Preakness Healthcare Center ~ Important Information

Social Services Department

Barbara Cohen - MSW, LSW

~Director of Social Services~

3-400 973-585-2112
bmarkoff@passaiccountynj.org

Joan Derramas, MSW, LCSW

2-400, 1-400 & 3-200 (H Section) 973-585-2107
jderramas@passaiccountynj.org

Christina Dykenga, MSW, LCSW

1-300, Pathway & 3-200 (G Section) 973-585-2154
cdykenga@passaiccountynj.org

Lucy Gambino, MSW, CSW

Per Diem 973-585-2120/2112
lucyg@passaiccountynj.org

Tara Kadlur, BSW, CSW

1-200 & 2-200 973-585-2186
tarak@passaiccountynj.org

Nursing Department

Daniel Nasulme

RN, BSN, LTC-CIP

~Director of Nursing~

973-585-1409
dnasulme@passaiccountynj.org

Aleyamma John - RN, BSN

~Assistant Director of Nursing~

862-345-5911
ajohn@passaiccountynj.org

Nursing Supervisors

7-3 shift Nadia Hapatsha, Evelyn Lintag,
Ann Margaret Roman, Juan Saavedra

3-11 shift Marc Georges, Mary Nutakor,
Marcia Vales

11-7 shift Jessy Varghese, Perla Paguntalan

Ibelise "Ibby" Grullon

~Nursing Department Secretary~

973-585-2190
igrullon@passaiccountynj.org

"24 Hours On Call"

Nursing Supervisor cell phone #:

973-617-7496

**JOIN
OUR TEAM**
— BE PART OF OUR STORY —

- Nurses & Certified Nursing Assistants
- Food Services Director & Food Service Workers
- Business Office Director
- Social Worker/MSW
- Registered Dietitian

If you or a healthcare professional you know is seeking a very rewarding career, please forward your resume to:

smcevoy@passaiccountynj.org

**Stay Connected
With**

Constant Contact

Contact

Suzanne McEvoy, CTRS
973-585-2161
smcevoy@passaiccountynj.org

**Survey
Results**

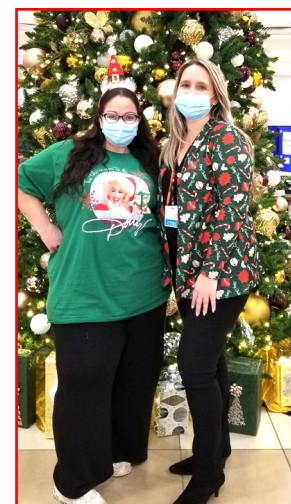


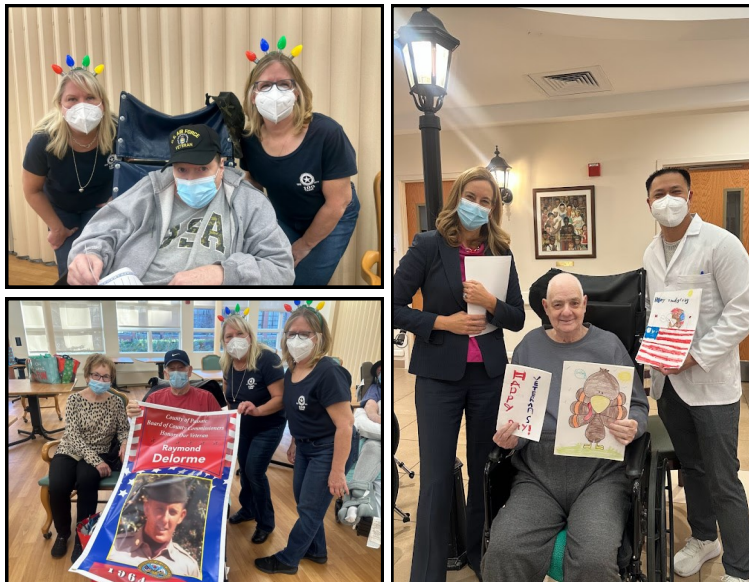
Results of the most recent survey conducted by the NJ Department of Health, including the plan of correction in effect, are available for your review in the Main Lobby and rear entrance.



HOLIDAY

magiC





**Congresswomen,
Mikie Sherrill and
members of West Milford
American Legion Auxiliary
Post #289 visit our Veterans!**

Many Thanks for visiting our Preakness Healthcare Center residents during the holiday season. Handmade cards and gifts were provide to each of our veterans as a thank you for their service to our great nation.



Cultural Diversity



Diwali *Hispanic Heritage *Kwanzaa



**Congratulations to
Marcia Valesse, RN**

Asst. Nursing Supervisor - 3-11 Shift

Marcia joined our PHC team in January, 2017 as an LPN. Knowing our exceptional quality of care, her husband, Steve, resided with us for some time. She recently completed her RN at Excelsior College.

Did you know? Marcia plays guitar! She is the mother of 5 & is ecstatic about her 10 grandchildren.



** WELLNESS WATCH **

LOVE YOUR HEART

- Get active
- Eat well
- Control cholesterol
- Manage blood pressure
- Reduce blood sugar
- Lose weight
- Quit smoking



AMERICAN HEART MONTH



Why You Should Stay Up to Date with Your COVID-19 Vaccines



Getting vaccinated and boosted greatly reduces your risk of severe illness, hospitalization, and death.



COVID-19 vaccines, including boosters, are effective against known variants, including Omicron.



All COVID-19 vaccines currently approved or authorized in the U.S. are proven to be safe.

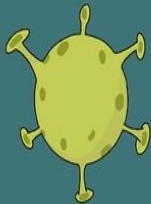


FIND A VACCINE NEAR YOU: WWW.VACCINES.GOV

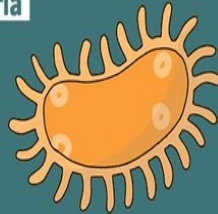
Virus vs. Bacteria

What's the difference anyway?

Virus **Bacteria**



- Causes viral infections
- E.g. Common cold, flu, chicken pox
- Contagious
- Can spread throughout the body
- Cannot be treated with antibiotics



- Causes bacterial infections
- E.g. Strep throat, pneumonia, urinary tract infection
- Sometimes contagious
- Stays in one part of the body
- Can be treated with antibiotics

STOP WINTER FALLS

DO THE PENGUIN WALK!



Preakness Fashion Show Highlights!

Thank you to our master of ceremonies, Julian, our models and our escorts for making this an event to remember!



Sharing Smiles and Get Well Wishes

Thanks to Linda Maggio, RT for visiting the residents in costume and delivering balloons.



Many thanks to the Salomone Family for creating a tradition for us! The holiday vehicle displays made their annual visit and were enjoyed by all!



Wi-Fi Access

Visitors & Residents may sign-in to the "Preakness Guest Wireless" Public Wi-Fi network. "Hotspot" areas include: All resident units, Main Dining Room, Rotunda, Classroom & Boardroom.

Be aware that all access to this public network is monitored. Please review the disclosure agreement prior to logging on.

